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Please answer the questions below about your child as honestly and completely as possible so that we might know how to best support you and your child on your therapeutic journey.

Client's Name: _____ Date of Birth: _____

Address: _____

Telephone: _____ May we leave a message? Y N

Parent/Legal Guardian(s): _____

Is there any other party which currently shares legal custody? If so, please name:

Referral Source: _____

*I hereby certify that the content disclosed within these pages is accurate and complete to the best of my knowledge.

Parent/Legal Guardian Signature Date

Reason for seeking counseling services:

What would you like to see different about your child or your family as a result of being in therapy?

Please include names of providers, dates of care, and locations in answer to the following:

Prior Counseling Experience:

Inpatient/Psychiatric Hospitalizations:

Past Psychiatric Medications:

Current Psychiatric Medications:

Prior Mental Health Diagnoses:

Which of the above has been helpful for your child/your family?

What has not been helpful? Why not?

Physical Health Challenges and Treatment:

Significant Health History:

Is your child challenged by developmental delays? If so, explain.

Describe your child's experience with academics:

Describe your child's experience interacting with peers:

Describe your child's experience interacting with authority figures including parents, teachers, etc. and following rules:

Family history/makeup:

What does your child like to do for fun?

Current Symptoms: (Check all that apply)

- | | | |
|---|---|---|
| <input type="checkbox"/> Long periods of sadness | <input type="checkbox"/> Intrusive memories | <input type="checkbox"/> Relationship difficulties |
| <input type="checkbox"/> Loss of interest | <input type="checkbox"/> Racing thoughts | <input type="checkbox"/> Mood swings |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Physical pain | <input type="checkbox"/> Startle easily |
| <input type="checkbox"/> Change in sleeping or eating | <input type="checkbox"/> Memory challenges | <input type="checkbox"/> Hearing voices |
| <input type="checkbox"/> Nightmares | <input type="checkbox"/> Thoughts of suicide | <input type="checkbox"/> Spacing out/blacking out |
| <input type="checkbox"/> Loss of time | <input type="checkbox"/> Self-harm behavior | <input type="checkbox"/> Anger |
| <input type="checkbox"/> Feeling disconnected from body | <input type="checkbox"/> Substance Abuse | <input type="checkbox"/> Seeing things others don't |
| <input type="checkbox"/> Difficulty expressing emotions | <input type="checkbox"/> Difficulty following rules | <input type="checkbox"/> Aggression toward others |
| <input type="checkbox"/> Aggression toward animals | <input type="checkbox"/> Destruction of Property | <input type="checkbox"/> Change in school work |
| <input type="checkbox"/> Change in toileting habits | <input type="checkbox"/> Separation Anxiety | <input type="checkbox"/> Learning Disability |
| <input type="checkbox"/> Attention challenges | <input type="checkbox"/> Hyperactivity | <input type="checkbox"/> Eating of non-food items |
| <input type="checkbox"/> Other (please list) _____ | | |

To the best of your knowledge, is your child now experiencing, or has he or she ever experienced, any of the following events? If yes, please list BRIEFLY when and with whom.

Y N Physical Assault or Abuse

Y N Sexual assault or Abuse

Y N

Emotional or Verbal Abuse

Y N

Parental Neglect

Y N

Domestic Violence

Y N

Violent Crime

Y N

Ritual Abuse or Torture

Y N

Grief and Loss

Y N

Natural Disaster

Y N

Involvement with DFCS or the Legal System

Other Traumas (please list) : _____

How do you believe these experiences have affected your child and your family?

Is there anything else we need to know in order to be most helpful to your child and your family?
